

# MARLBOROUGH SOCIAL SERVICES DIRECTORY



A comprehensive guide to Social Service Agencies  
providing services to people in Marlborough affected  
by  
Family Violence and/or Alcohol

**IT IS OK  
TO ASK  
FOR  
HELP**  
*in Marlborough*

*Marlborough  
Champion*



# INTRODUCTION

## **"It's OK to Ask for Help in Marlborough"**

*A project to raise the awareness of Help available to residents of Marlborough*

*Website: [www.mvip.co.nz](http://www.mvip.co.nz)*

Marlborough Violence Intervention Project is a collective of local agencies united to raise awareness of family violence in Marlborough.

One of the project undertaken to achieve this is piloting the Champions Project aimed at local people giving violence free messaging.

This directory is a resource for Champions to assist them when in contact with people in the community.

The Directory has information about how to get help and contact details for organisations providing community services to people affected by Family Violence and/or Alcohol.

This Marlborough Social Services Directory has been created as a result of the project. We'd like to thank all the agencies for providing us with their information.

*MVIP would like to thank the Key Stakeholders that have supported the project.*

### **KEY STAKEHOLDERS**

Marlborough Violence Intervention Project – Nikki Brown	PH: 027 379 9989
MVIP Champion Co-ordinator – Deedee Bancroft	PH: 027 470 5073
Womens Refuge	PH: 03 577 9939
Marlborough District Council	PH: 03 520 7400
Wairau Hospital – Nelson/Marlborough DHB	PH: 03 520 9999
Alcohol & Drug Centre	PH: 03 520 9908
NZ Police – Blenheim Station	PH: 03 578 5279
National 'It's Not OK' Campaign	PH: 04 916 3300

DOCUMENT CONTROL			
V.	Date	Section	Description - Action
5	12.02.2020	Barnardos	Amendments to Services offered including removing “Building great Dads programme”
5	12.02.2020	Citizens Advice Bureau	Alternation to opening times
5	12.02.2020	Oranga Tamariki	Update details for Second Contact person
5	12.02.2020	Counsellors	Remove James Cliff, he has moved to Christchurch. Replace Diane Oudshoorn’s email
5	12.02.2020	Maataa Waka	Replace the Referral Form – Has an extra page so needed to change appendices
5	12.02.2020	Supporting Families	Add sentence re-support groups to services
5	12.02.2020	Police	Added 105 Non-emergency number to listing
5	12.02.2020	Safe to Talk	Added List of things Safe to Talk can help with.
5	12.02.2020	Kids Line	Added the 0800 KIDSLINE version of the number.
5	12.02.2020	Work & Income	Added General Enquiries Line Hours
5	12.02.2020	Youthline	Added an Email address
5	12.02.2020	Whats Up	Amended Phone Chat and Online Chat hours
5	13.02.2020	Women’s Refuge	Changes to the name, email and services
5	13.02.2020	Family Planning	Amendments to Costs
5	13.02.2020	Advocacy Services	Added a new heading Advocacy Services and added Pacific advocate details
5	13.02.2020	Care Marlborough & MHAS	Added these two new listings
5	19.02.2020	Budget Services Marlborough	Remove listing
5	12.06.2020	Te Piki Oranga	Update addresses, postcode and email.
5	16.06.2020	Counsellors	Add an email address for Jenny Harris
5	16.06.2020	Elder Abuse	Add cell phone number to contacts.
5	17.05.2020	St Mark’s	Amend and delete some of the Criteria for Services
5	17.05.2020	Salvation Army	Amend Contact Details, Opening Hours, Services Offered and Cost of Services
5	24.06.2020	Open Home Foundation	Amend Criteria for Services
5	29.06.2020	Multicultural Centre	Change of name, email, web address, hours, description, remove cell number
5	29.06.2020	Problem Gambling Foundation of NZ	Change the email address for General Enquiries.
5	01.07.2020	Addiction Services Wairau	Amend the copy under Youth Counsellor Available.
5	02.07.2020	Presbyterian Support Services	Changes to Title, Phone number, Email address and Services offered.
5	10.07.2020	ALAC – Alcohol & Drug Helpline	Added Chat online with a counsellor information.
5	10.07.2020	Pregnancy Options Counselling	Add Bronwyn Hutchesons contact email
5	10.07.2020	AA – Alcoholics Anonymous	Add Havelock meeting details
5	10.07.2020	Counsellors	Remove Veronica May from Counsellors
6	01.06.2022	Counsellors – Tatiana Ceban	Update Practice Name, update email, add website & phone number
6	01.06.2022	Citizens Advice Bureau	Change Criteria for Service to “None”
6	16.06.2022	Counsellors – Louisa Woods	Add Louisa Woods as a new listing
6	20.06.2022	Advocacy – Marlborough Pacific Trust	Update Address and website address
6	20.06.2022	Counsellors – Alistair Crawford	Remove Provisional Member Wording, change NZAC to MNZAC
6	20.06.2022	Alcohol & Drug Centres, Addiction Service	Change Addiction Services, Alcohol & Drug Centre. To Addiction Services, Wairau Hospital.
6	20.06.2022	Alcohol & Drug Centres, Addiction Service	Change Youth Alcohol and Drug Counsellor to Youth Clinician
6	21.06.2022	Barnardos	Update Email. Minor changes to Services Offered
6	21.06.2022	Community Law Marlborough	Changes to Services Offered, Including Outreach Clinic Hours
6	21.06.2022	Age Concern	Changes to email address, opening hours. Remove website. Changes to Services Offered. No longer Elder Abuse
6	21.06.2022	Family Planning	Update Costs of Services
6	21.06.2022	Marlborough Multicultural Centre	Update Email Address and Services Offered
6	22.06.2022	Te Piki Oranga	Amend the Title. Remove “From September”. Grammar change in Referral Criteria. Changes to Services Offered
6	22.06.2022	Problem Gambling Foundation	Changes to both emails
6	22.06.2022	Supporting Families	Update email address
6	23.06.2022	Presbyterian Support Services	Update phone number and email address
6	25.06.2022	Counsellors – Anne Collins	Replace Provisional Member with Registered Counsellor
6	29.06.2022	Women’s Refuge	Update Title, Email, Hours, Address & Services, Remove Fax – Split off Sexual Violence Support into a new Listing
6	29.06.2022	Marlborough Sexual Violence Support	Split off from Women’s Refuge Listing and create a new Listing
6	30.06.2022	Care Marlborough	Update Opening Hours
6	28.07.2022	Counsellors – George Peart	Now a full member of NZAC and also ACC registered for Sensitive Claims
6	28.07.2022	Victim Support	Punctuation corrections
6	28.07.2022	Mental Health Advocacy Service	Add Ann and John’s work cell phone numbers and update their work days and times.
6	28.07.2022	ALAC – Alcohol Drug Helpline	Amendments to the Maori, Pasifika & Youth line information. A language correction.
6	08.08.2022	Open Home Foundation	Change to the Criteria for Services paragraph.
6	08.08.2022	AA – Alcoholics Anonymous	Changes to the Blenheim and Havelock Entries
6	10.08.2022	Pregnancy Options Counselling	Update Phone Number. Replace Andrea’s details for Desma’s under Contacts and Email.
6	12.08.2022	Maataa Waka	Changes to the Non-Violence and Safety Programmes including adding Elder Abuse Services – email 19.08.2022
6	12.08.2022	Kidsline	Delete this listing as it no longer exists, ensure Whats Up is advertised as the alternative
6	17.08.2022	Public Health Nurse	Remove all references to the fax number, update the appendix 1 form to a version without the fax number
6	17.08.2022	Whats Up	Update the Email Address
6	17.08.2022	Youthline	Update the Email Address
6	18.08.2022	Oranga Tamariki	Update Second Contact Address, Update the Description of Services
6	18.08.2022	Sexual Health Clinic	Remove reference for pregnancy counsellor, update the number of condoms from 72 to 60
6	22.08.2022	Elder Abuse Response Service	The service is now provided by Maataa Waka and Ngati Rarua – Add Maataa Waka listing
6	22.08.2022	He Waka Tapu – Hey Bro	Added more detail from the website to the Services.
6	22.08.2022	Police	Added Opening Hours
6	22.08.2022	Safe to Talk	Add Maori language to the heading
6	23.08.2022	Te Hauora O Ngati Rarua	Add as a new Agency Listing. Also add to Elder Abuse Service Provider and also Replace Children’s Team Listing
6	24.08.2022	WINZ	Update Services for Children list from website

# CONTENTS

MARLBOROUGH SERVICES.....	6
ADVOCACY SERVICES .....	6
AGE CONCERN .....	7
ĀHURU POIPOIĀ (FORMALLY KNOWN AS MARLBOROUGH CHILDREN’S TEAM) .....	8
ALCOHOL AND DRUG CENTRES .....	8
BARNARDOS .....	9
CARE MARLBOROUGH .....	9
CITIZENS ADVICE BUREAU.....	10
COMMUNITY LAW .....	10
COUNSELLORS – REGISTERED WITH NZAC .....	11
ELDER ABUSE RESPONSE SERVICES .....	11
FAMILY PLANNING CLINIC MARLBOROUGH .....	12
HE WAKA TAPU – HEY BRO .....	13
MAATAA WAKA KI TE TAU IHU TRUST .....	13
MARLBOROUGH MULTICULTURAL CENTRE – SUPPORTING SETTLEMENT SERVICES .....	15
MARLBOROUGH SEXUAL VIOLENCE SUPPORT .....	15
MARLBOROUGH WOMEN'S REFUGE .....	16
MENTAL HEALTH ADVOCACY SERVICES .....	16
OPEN HOME FOUNDATION .....	17
ORANGA TAMARIKI – MINISTRY FOR CHILDREN .....	17
PLUNKET .....	18
POLICE.....	18
PREGNANCY OPTIONS COUNSELLING - (WAIRAU HOSPITAL) .....	18
PRESBYTERIAN SUPPORT – FAMILY WORKS, YOUTH MENTORING & OLDER PERSONS.....	19
PUBLIC HEALTH NURSE .....	19
SAFE TO TALK - KÖRERO MAI KA ORA (SEXUAL HARM HELPLINE).....	20
SEXUAL HEALTH CLINIC (STI CLINIC) .....	20
SUPPORTING FAMILIES .....	21
TE HAUORA O NGĀTI RĀRUA.....	21
TE PIKI ORANGA - MĀORI WELLNESS SERVICES .....	21
THE SALVATION ARMY .....	23
VICTIM SUPPORT .....	23
NATIONAL SERVICES .....	24
AA – ALCOHOLICS ANONYMOUS .....	24
ALAC – ALCOHOL DRUG HELPLINE .....	25
IT’S NOT OK FAMILY VIOLENCE INFO LINE.....	25
KIDSLINE .....	25
LIFELINE .....	26
NARCOTICS ANONYMOUS .....	26
PROBLEM GAMBLING FOUNDATION OF NZ.....	26
WORK AND INCOME BLENHEIM .....	27
YOUTHLINE .....	28
0800 WHATS UP.....	28
APPENDICES .....	30
APPENDIX 1.....	30
APPENDIX 2.....	32
APPENDIX 3.....	34
APPENDIX 4.....	36
APPENDIX 5.....	38



# MARLBOROUGH SERVICES

## ADVOCACY SERVICES

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### **Provider:** MARLBOROUGH PACIFIC TRUST

**Phone:** 027-PACIFIC

**Address:** 18 Kinross Street, Blenheim 7240 (at MySpace)

**Email:** [marlboroughpacifictrust@gmail.com](mailto:marlboroughpacifictrust@gmail.com)

**Website:** [www.marlboroughpacifictrust.co.nz](http://www.marlboroughpacifictrust.co.nz)

**Opening Hours:** Monday to Friday times vary but normally 9am - 5pm

#### **Services offered:**

Advocacy, Bowel Screening Outreach, Exercise Groups, Interpreting and Translation, Pacific Cultural Awareness, Vege-cation, Whanau Ora Navigation and Support

#### **Cost of services:**

Free to access for pacific people who live in Marlborough and who register with the Trust

#### **Criteria for Services:**

Pacific families with NZ residency who live in Marlborough excludes RSE

### **Provider:** MENTAL HEALTH ADVOCACY SERVICES

**Phone:** 03 579 5304 or

027 575 4725 for Anne | 027 575 4700 for John

**Address:** 26 Percy Street, Blenheim

**Email:** [anne.mha@carem.nz](mailto:anne.mha@carem.nz) or [john.mha@carem.nz](mailto:john.mha@carem.nz)

**Website:** [www.carem.nz](http://www.carem.nz)

**Opening Hours:** 9.30am – 4.30pm

**Anne:** Monday - Thursday

**John:** Monday, Thursday & Friday

#### **Services offered:**

Advocacy, Support and Education

#### **Cost of Services:**

Free

#### **Criteria of Services:**

Living in Marlborough and 18 years and over.

## AGE CONCERN

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**Phone:** 03 579 3457

**Address:** Room 1, Community Centre, 25 Alfred Street, Blenheim 7021

**Email:** [admin@ageconcernmarlb.org.nz](mailto:admin@ageconcernmarlb.org.nz)

**Opening Hours:** Office: Monday – Friday 10am – 1pm  
Community Support Worker: Monday - Thursday 9am – 3pm

**General Enquiries:** Email or phone

Your local Age Concern is your first port of call when you and your family/whanau need; information, advice, referral and support. Aimed at over 65 years

### **Services offered:**

Age Concern Marlborough is a charity dedicated to people over 65, their friends, and whanau. We promote dignity, wellbeing, equity and respect, and provide expert information and support services in response to older people's needs.

We are active and vocal on relevant issues and work to ensure older people stay connected with their family, friends and community.

- Age Concern Marlborough provide a 'career relief' service, to help ease the workload for elderly caring for their loved ones in the community.
- We also provide an 'in-home visiting' service. This service pairs volunteers with older people in the community that are lonely and would like someone to visit them.
- Our 'Steady As You Go' exercise classes for the elderly are very popular and help keep people active and mobile.
- We understand that transport is important to maintaining independence. Therefore we provide a free driving course, to refresh your driving skills and knowledge.
- Older people who can no longer drive are also eligible for our 'Total Mobility Scheme', offering a 50% discount on taxi rides.
- We offer 'wellness calls' to people that would like a friendly phone call weekly to check in.
- During the warmer months we also offer a weekly 'walking group'.
- Our 'Friendship Group' runs on the second Tuesday of the month. This is a friendly space to meet new people and enjoy our guest speakers.
- We also provide care to the self-neglect older population in Marlborough.

Contact **(03) 579 3457** for further information or email [admin@ageconcernmarlb.org.nz](mailto:admin@ageconcernmarlb.org.nz)

**Cost of services:** Free

**Criteria for Services:** Anyone can access this service/programme on behalf of themselves or friends or relatives 65yrs and older.



## ĀHURU POIPOIĀ (Formally known as MARLBOROUGH CHILDREN'S TEAM)

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**Phone:** Ph. 03 5778404  
**Address:** 64 Seymour Street, Blenheim  
**Email:** [hauora@thonr.org](mailto:hauora@thonr.org)  
**Website:** [www.thonr.org](http://www.thonr.org)  
**Opening Hours:** 8:30am – 5pm Monday - Friday

### Service offered:

Āhuru Poipoia provides a trans-disciplinary response to referrals from community agencies working with whanau/families experiencing lifestyle challenges that are impacting the wellbeing of their tamariki/children. Ahuru Poipoia intervention is aimed at reducing tamariki vulnerability to harm or neglect issues that if not addressed early could lead to long term health/social issues for tamariki/children.

The Ahuru Poipoia approach is focused on developing a plan for each tamaiti/child's individual needs, and then ensuring a well-coordinated response alongside the whanau is put in place.

### Criteria for Services:

For Tamariki and their Whanau where multiple needs are being addressed by multiple agencies.

**Cost of services:** Free

**Referrals:** self-referrals or agency referrals, with Whanau consent via: [hauora@thonr.org](mailto:hauora@thonr.org)

## ALCOHOL AND DRUG CENTRES

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### Provider: Addiction Services

**Addiction Services:** Wairau Hospital  
**Address:** Hospital Road, Blenheim - *(In old Maternity Ward)*  
**Phone:** 03 520 9908  
**Hours:** 8.30am – 5pm, Mon-Fri

**Rational Recovery Group** At Addiction Services, Wairau Hospital.  
**Time:** 12-1pm Wed - *Self Referrals accepted.*

### Youth Counsellor available.

The Youth Clinician provides a professional service to young people affected by alcohol/other drugs to promote freedom from substance addiction and provide education about substance use and ways to reduce harms caused by substances. This service is free and confidential.

### Provider: St Marks Addiction Residential Treatment Centre

**Phone:** 03 578 0459  
**Address:** 61 Main Street, Blenheim  
**Email:** [admin@stmarks.co.nz](mailto:admin@stmarks.co.nz)

## ALCOHOL AND DRUG CENTRES *continued . . .*

### Services offered:

A unique treatment facility based on therapeutic community concept and family emphasis

- Treatment programmes
- Residential & Continuing care
- We offer social detoxification to Nelson Marlborough clients for 7 days at the start of our programme
- A transition house is available for suitable graduates for up to six months

## BARNARDOS

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**Phone:** 03 578 6491 or 0800 BARNARDOS (0800 227 627)

**Address:** Community Health Hub, 22 Queen St, Blenheim

**Email:** [blenheim@barnardos.org.nz](mailto:blenheim@barnardos.org.nz)

**Website:** [www.barnardos.org.nz](http://www.barnardos.org.nz)

**Opening Hours:** Monday to Friday 9.00am to 5.00pm

### Services offered:

- Social work services – includes in-home support and advocacy
- "Incredible Years" parenting programmes (*one per year*).
- Parenting Today's Kids programme with an attachment focus.
- Parenting Through Separation (on behalf of the Family Court)
- Active Dads – a free programme for Dads to get active with their children

### Cost of services:

All services free of charge.

### Criteria for services:

Call to enquire about support

## CARE MARLBOROUGH

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**Phone:** 03 578 0302 or 027 575 4750

**Address:** 26 Percy Street, Blenheim

**Email:** [manager@carem.nz](mailto:manager@carem.nz)

**Website:** [www.carem.nz](http://www.carem.nz)

**Opening Hours:** Seven Days a Week  
10.00am – 2.00pm

### Services offered:

Day activity program for people with mental health and/or addictions.

**Cost of Services:** Free

### Criteria of Services:

Living in Marlborough and 18 years and over.

## CITIZENS ADVICE BUREAU

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**Phone:** 03 578 4272 or 0800 367 222  
**Address:** 25 Alfred Street, Blenheim  
**Website:** [www.cab.org.nz](http://www.cab.org.nz)  
**Email:** [marlborough@cab.org.nz](mailto:marlborough@cab.org.nz)  
**Opening Hours:** Monday-Friday 9.30am - 4pm

**Services offered:**

Providing a free, impartial and confidential service of information, assistance and referral to people in our communities.

**Cost of services:**

All services free of charge

**Criteria for services:**

None

## COMMUNITY LAW

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**Phone:** 03 577 9919 or 0800 266 529  
**Address:** PO Box 584, 14 Market Street, Blenheim  
**Email:** [reception@commlawmarlb.org.nz](mailto:reception@commlawmarlb.org.nz)  
**Website:** [www.commlawmarlb.org.nz](http://www.commlawmarlb.org.nz)  
**Opening Hours:** Monday, Tuesday & Thursday 9.00am to 4.30pm  
Wednesday 9.00am to 6.30pm  
Friday 9.00am to 4.00pm

**Services offered:**

- Free legal advice
- Advocacy
- Legal education:  
(We can come to you with an education session tailored to suit your organisation.)
- Assistance

We are an NGO that provides **free** confidential legal advice, assistance, advocacy and education in the Marlborough Community, on legal topics such as Family, Employment, EPOA, Family Trusts, Immigration, Māori land – Succession/Trusts, Consumer, Welfare, Financial, Legal Entities, Incorporated Societies and much more.

We also hold outreach clinics in Kaikoura every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month.

**Criteria for services:**

Services are for anybody in the community who cannot afford a lawyer and who are not eligible for legal aid, or any other barriers to access legal services.

## COUNSELLORS – Registered with NZAC

<b>Vienna Cassidy</b> - <u>MNZAC</u>	027 663 4301	<b>4evacheerful2@gmail.com</b>
<b>Jenny Harris</b> – <u>MNZAC</u>	03 578 6647 or 021 202 3435	<b>jenny.harris.os@extra.co.nz</b>
<b>Tatiana Caban</b> – <u>MNZAC</u>	027 9019 807 Tatiana Ceban Counselling Services	<b><u>hello@tatianaceban.com</u></b> <b><u>www.tatianaceban.com</u></b>
<b>Diane Oudshoorn</b> – <u>MNZAC</u>	027 419 1140	<b>docounsellingnz@gmail.com</b>
<b>Anne Collins</b> <u>Registered Counsellor MNZAC</u>	022 137 3261	<b><u>anne.collins2016@outlook.com</u></b>
<b>Alistair Crawford</b> (BCous) <u>MNZAC</u>	027 288 3032	<b>a.crawford@inspire.net.nz</b>
<b>George Peart</b> (BCous) <u>MNZAC</u> ACC registered for Sensitive claims	027-535 3533 <u>www.thepurpleguy.nz</u>	<b>george@thepurpleguy.nz</b>
<b>Louisa Woods</b> <u>Counsellor</u>	027 741 8632 <u>www.louisawcounselling.com</u>	<b>louisawcounselling@gmail.com</b>

## ELDER ABUSE RESPONSE SERVICES

**Provider:** Maataa Waka Ki Te Tau Ihu Trust

**Phone:** 03 577 9256

**Address:** 56 Main Street, Blenheim 7021

**Email:** **admin@maataawaka.co.nz**

**Websites:** **www.maataawaka.co.nz**  
superseniors.msd.govt.nz/elderabuse

### Services offered:

The Elder Abuse Response service is a free and confidential service that offers advice, support and information to people over 65 and their families/whanau to prevent elder abuse and neglect. We also work very closely and collaboratively with other support agencies across Marlborough.

### Cost of services:

Free

### Criteria for Services:

Anyone can access this service on behalf of themselves, friend or family member 65yrs and older.

## ELDER ABUSE RESPONSE SERVICES continued . . .

### **Provider:** Te Hauora o Ngāti Rārua

**Phone:** 03 5778404

**Address:** 64 Seymour Street in September 2022

**Email:** [hauora@thonr.org](mailto:hauora@thonr.org)

**Website:** [www.thonr.org](http://www.thonr.org)  
[superseniors.msd.govt.nz/elderabuse](http://superseniors.msd.govt.nz/elderabuse)

### **Services offered:**

The Elder Abuse Response service is a free and confidential service that offers advice, support, and information to people over 65 years who may be experiencing elder abuse or neglect. Te Hauora o Ngāti Rārua Elder Abuse Worker is responsible for coordinating intervention services alongside the elderly person including their whanau if deemed appropriate.

### **Cost of services:**

Free

### **Criteria for Access to Services:**

Anyone can access this service on behalf of themselves, a friend or family member 65yrs and older.

## **FAMILY PLANNING CLINIC MARLBOROUGH**

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**Phone:** 03 578 3047

**Address:** Renown Building, 68 Seymour Street

**Website:** [www.familyplanning.org.nz](http://www.familyplanning.org.nz)

### **Services offered:**

Family Planning Clinics offer confidential and non-judgmental clinical services such as contraception, testing and treatment for sexually transmissible infections (STIs), pregnancy testing and advice, cervical smear tests, abortion referrals, fertility services and much more. People of any age can visit a Family Planning Clinic.

The Family Planning Blenheim Clinic holds drop-in clinics. Visit their website for more details.

### **Cost of services:**

- Free for New Zealand residents under 22
- For people 22 and over with a community services card, a clinic visit costs \$5
- For all other New Zealand residents, a visit costs \$40
- For non-New Zealand residents, a visit costs \$140 or if they have a 2 year work visa \$40

## HE WAKA TAPU – Hey Bro

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**Phone:** 0800 HEYBRO (0800 439 276)  
**Website:** [www.hewakatapu.org.nz/services/0800-hey-bro](http://www.hewakatapu.org.nz/services/0800-hey-bro)  
**Open Hours:** We are here to listen and help 24/7

### **Services:**

This number is setup for men who feel they're going to harm a loved one, whanau member or themselves.

When someone knows of another whanau member who may become a victim of violence.

HEYBRO is here to listen and offer support 24/7.

**Cost of Calls:** Free

## MAATAA WAKA KI TE TAU IHU TRUST

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**Phone:** 03 577 9256  
**Address:** PO Box 1016, Main Street, Blenheim  
**Email:** [admin@maataawaka.co.nz](mailto:admin@maataawaka.co.nz)  
**Website:** [www.maataawaka.co.nz](http://www.maataawaka.co.nz)  
**Opening Hours:** Monday to Friday 8.30am - 5.00pm

One of Maataa Waka Ki Te Tau Trust's aims to empower men and women to identify strategies for keeping themselves and their children safe from family violence, to do this they provide a wide range of social services targeted at supporting whanau in the Marlborough region.

### **Services and Programmes offered:**

- **Whanau centred family violence support.**  
*Family centred violence intervention service to support and encourage whanau and individuals to have a better understanding of violent behaviours and triggers. Maataa Waka will work with whanau and individuals to implement a wrap-around care plan including advocacy, violence intervention education, empowering strategies and safety planning.*
- **Non-Violence and Safety programmes**
  - I. Non-Violence Programmes for Men, women and Rangatahi. Delivered on a one to one or group basis covering topics such as – managing emotions, impact on others, beliefs & attitudes, communication skills, respectful relationships, effective communication, effects of violence on children & sexual respect.
  - II. 8 week non-violence and empowerment programme for women.

## MAATAA WAKA KI TE TAU IHU TRUST continued . . .

- **Social Service & Counselling** - support for whanau with tamariki under the age of 18 including support and advocacy to address social issues and home-based parenting education.
- **Rangatahi/Youth Social Service** – supporting Youth under 18 to address social issues and develop a plan to achieve positive outcomes in the future.
- **Hapai Pukuriri** – An anger management programme using a Kaupapa Māori framework with a focus on learning strategies to address violent and antisocial behaviour.
- **Attendance service (Truancy)** Following up on referrals received from schools for children who are truant.
- **Building Financial Capacity** – Financial mentoring for individuals/ whanau who would like support to become financially self-managing and achieve financial stability for the future. Delivered on a one to one or group basis.
- **Whanau ora Navigators** - Support to develop a plan to achieve goals and aspirations for the future.
- **Whānau Tuhono** – Community connector supporting whanau to help ease stress and hardship related to the impacts of CoVid19.
- **Whānau Resilience** - serves to engage, connect, and support those who have been affected by Family Violence to build and establish a resilient and thriving violence free whanau environment.
- **Poipoia Kaumātua/Elder Abuse Support** - supporting individual needs such as advocate on your behalf, ensuring rights are understood, providing link to key services, supporting access to safe housing. Empowering you to be independent, self-determining and confident.

### **Intake process and criteria for services:**

Referrals accepted from any source including self-referral

**See attached referral form - appendix 4 & 5**

### **Cost of services:**

All programmes and services are free of charge.

### **Waiting list:**

Varies - depending on current client load, and degree of risk at the time of referral.

## MARLBOROUGH MULTICULTURAL CENTRE – Supporting Settlement Services

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**Phone:** 03 579 6410  
**Address:** 21 Henry Street, Blenheim  
**Email:** [info@mmc.nz](mailto:info@mmc.nz)  
**Website:** [www.multiculturalcentre.org.nz](http://www.multiculturalcentre.org.nz)  
**Opening Hours:** Monday to Thursday  
9.30 am – 12pm (other times by appointment)

The Marlborough Multicultural Centre aims to ensure that migrants, newcomers and local people can celebrate their diversity in a safe and welcoming community so that people of all ethnicities feel empowered, with a sense of connectedness and belonging.

### Services offered:

Our service delivery reach is widespread and has four main strands:

- Client Advocacy Services – one on one support including issues related to settlement and integration
- Community Educational Programmes.
- Cultural Events that Celebrate the Diversity in our Community.
- Marlborough Newcomers Network

## MARLBOROUGH SEXUAL VIOLENCE SUPPORT

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**Phone:** 03 577 9939  
**Crisis Line:** 0800 437 077 – 24/7  
**Email:** [admin@msvsc.com](mailto:admin@msvsc.com)  
**Office Hours:** Monday to Friday 0900am to 4pm  
**Office address:** Unit 3, 19 Henry Street, Blenheim  
**Postal Address:** PO Box 699, Blenheim

### Services offered in Marlborough and Kaikoura:

- 24/7 crisis response
- Confidential service with information on Police and court procedures
- Referrals to counsellors and other specialist social services
- Advocacy and support at court events
- Specialist support in the community or your own home

### Cost of services:

All services are free and confidential



## MARLBOROUGH WOMEN'S REFUGE

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**Phone:** 03 577 9939  
**Fax:** 03 577 5149  
**Crisis Line:** 0800 REFUGE  
**Email:** [admin@marlbrefuge.com](mailto:admin@marlbrefuge.com)  
**Office Hours:** Monday to Friday 8.30-4.30  
**Office address:** 52 Scott St, Blenheim  
**Postal Address:** PO Box 699, Blenheim

### Services offered in Marlborough and Kaikoura Refuges:

- 24/7 crisis response
- Safe accommodation for women, young people and children experiencing abuse
- Referrals to Lawyers, health care, counsellors, and other specialist social services
- Education programs for women and children
- Advocacy and support in the community or your own home

### Cost of services:

All services are free and confidential

## MENTAL HEALTH ADVOCACY SERVICES

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**Phone:** 03 579 5304 or  
027 575 4725 for Anne | 027 575 4700 for John  
**Address:** 26 Percy Street, Blenheim  
**Email:** [anne.mha@carem.nz](mailto:anne.mha@carem.nz) or [john.mha@carem.nz](mailto:john.mha@carem.nz)  
**Website:** [www.carem.nz](http://www.carem.nz)  
**Open Hours:** 9.30am – 4.30pm  
**Anne:** Monday - Thursday  
**John:** Monday, Thursday & Friday

### Services offered:

Advocacy, Support and Education

### Cost of Services:

Free

### Criteria of Services:

Living in Marlborough and 18 years and over.

## OPEN HOME FOUNDATION

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**Phone:** (03) 578-0807  
**Address:** 71 Litchfield Street, Redwoodtown  
**Email:** [marlborough@ohf.org.nz](mailto:marlborough@ohf.org.nz)  
**Website:** [www.ohf.org.nz](http://www.ohf.org.nz)  
**Opening Hours:** 9.00 am – 5.00 pm Monday to Friday.  
An after-hours service is available 24/7.

### Services offered:

- Care and Protection Foster Care
- Care and Protection Social Work Support for Families
- Respite Care
- Supervised Access

### Criteria for Services:

Referrals received from Community, Oranga Tamariki, Ministry of Health and Permanent Caregiver Support Services.

### Cost of Service:

Foster care and social work support provided free of charge.

## ORANGA TAMARIKI – MINISTRY FOR CHILDREN

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**Phone:** 03 984 4270 or Free phone 0508 326 459  
**Address:** Level 5, Porse House, 1 Market St, Blenheim  
**Postal Address:** PO Box 344, Blenheim 7201  
**First Contact:** Reception Ph: 03 9844270  
**Second Contact:** Alastair Smith (Duty Social Worker ) Ph: 984 4275  
**Website:** [orangatamariki.govt.nz](http://orangatamariki.govt.nz)  
**Opening Hours:** 8.30am-5.00pm

### Caregivers may need support: 0508 227 377

This organisation's role is to work closely with Whanau and Tamariki supporting them to seek solutions for wellbeing and safety of their Tamariki. To manaaki them find solutions/problem solve or connect them to the right services that will best meet their needs. .

- Achieve goals as a whanau
- Improve life outcomes
- Ensure safety and Oranga of all mokopuna.
- Youth Justice to support plans for youth - to manaaki them towards making good choices and decisions.

### Cost of services:

All services free of charge

## PLUNKET

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**Phone:** 03 578 5633 or Plunket Line 0800 933 922  
**Address:** 16 Henry Street, Blenheim  
**Email:** [southern.region@plunket.org.nz](mailto:southern.region@plunket.org.nz)  
**Website:** [www.plunket.org.nz](http://www.plunket.org.nz)  
**Opening Hours:** Monday-Friday 9am-3pm  
*\* Our nurses meet with clients in the home or at the clinic*

Plunket is New Zealand's largest provider of support services for the development, health & well-being of children under 5.

### Services offered:

- Plunket Clinic - The Plunket nurses assess your baby's growth and development, hearing, vision and wellness at each contact. Visits include care and support for the whole family as they adjust to the needs of a new baby.
- PlunketLine - A toll-free telephone advice service available to all families, whānau and caregivers 24 hours a day, seven days a week.
- Parenting Education

**Cost of services:** Services are free

## POLICE

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**Phone:** 111 in an emergency  
105 for non-emergencies – or Station 03 578 5279  
**Address:** 8 Main Street, Blenheim 7201  
**Opening Hours:** 24 Hours

## PREGNANCY OPTIONS COUNSELLING - (Wairau Hospital)

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**Phone:** 027 2460053  
**Address:** Wairau Hospital, Hospital Road, Blenheim  
**Contacts:** **Desma Reedy** or **Bronwyn Hutcheson**  
*(registered hospital social workers)*  
**Email:** [desma.reedy@nmdhb.govt.nz](mailto:desma.reedy@nmdhb.govt.nz)  
[bronwyn.hutcheson@nmdhb.govt.nz](mailto:bronwyn.hutcheson@nmdhb.govt.nz)  
**Website:** [www.abortion.co.nz](http://www.abortion.co.nz) – (info on abortion including regional information)  
**Services offered:** Free counselling service for unplanned pregnancy offered via the NMDHB.

### Criteria for Services:

Referrals can be made via Family Planning Clinics, GP surgeries, midwives or by self-referral.

## PRESBYTERIAN SUPPORT – Family Works, Youth Mentoring & Older Persons

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**Phone:** 03 265 4240 ext. 8450  
**Address:** 22-24 Alfred Street, Blenheim  
**Email:** [triciad@psusi.org.nz](mailto:triciad@psusi.org.nz)  
**Website:** [www.ps.org.nz/uppersouthisland](http://www.ps.org.nz/uppersouthisland)  
**Opening Hours:** Monday to Friday 9am to 4:30pm

### Services offered:

- Family works Mentoring Programme for Children
- Social Worker in Schools (Mayfield, Blenheim and Picton Primary Schools)
- Totara Club & HomeShare Day Programme for Elderly
- Youth Service, for Youth payment and Young parent payment.

### Criteria for Services:

Referrals required for all services other than Youth Services

### Cost of Service:

- Totara – DHB/MOH and private clients welcome
- Mentoring – Free
- Youth Services – Free

## PUBLIC HEALTH NURSE

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**Phone:** 03 520 9914  
**Address:** Marlborough Community Health Hub, 22 Queen Street, Blenheim  
**Website:** [www.nmdhb.govt.nz](http://www.nmdhb.govt.nz)  
**Opening Hours:** 8.30am – 5pm

Public Health Nurses are registered nurses who work with schools and communities to promote health & wellbeing, they can help children, their families/whanau & teachers with:

### Services offered:

- Health assessments – as requested by parent/caregiver
- Assistance with health and development concerns: Allergies, asthma, mental illness, wetting, soiling, head lice, scabies, school sores, nutrition, speech, hygiene, skin rashes, turns or fits, puberty, hearing, and eyesight.
- Organisation & delivery of immunisation programmes in schools
- Before School Checks for 4yr olds
- Links with other health professionals
- Access to specialist child health services & Links with and referrals to other services
- Part of Children's Action Team

### Intake process and criteria for services:

Referral – self refer, or via GP or school referrals – all referrals to be sent to Nelson office [via phs.admin@nmdhb.govt.nz](mailto:phs.admin@nmdhb.govt.nz) – **see attached form – appendix 1**

### Cost of services:

Services are free

## SAFE TO TALK - Kōrero Mai Ka Ora (Sexual Harm Helpline)

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**Phone:** 0800 044 334 **Text:** 4334

**Email:** [support@safetotalk.nz](mailto:support@safetotalk.nz)

**Online chat:** Available via the website below

**Website:** <https://safetotalk.nz>

**Open Hours:** 24/7

**Local Advice:** Ring 0800 044 334 and ask to be connected to local support services

### Services:

We offer free confidential contact with a trained specialist. We can also connect you to support services in your community if that's what you want.

If you want to help a person who's been sexually harmed the best thing you can do is be someone they can trust and not make any judgements.

### Safe to talk can help with:

- contact with a trained specialist at any time, day or night, seven days a week
- answers to questions about sexual harm
- information about medical, emotional, and behavioural issues related to harmful experiences
- explanations of what you might expect if you report to the Police
- referral to specialists in your area
- information for family and friends wanting to help someone
- information and contact with a specialist if you are worried about your own sexually harmful thoughts or behaviour
- information on or connection/referral to medical practitioners for medical care or forensic medical examination. This can happen without police involvement or while they are making up their minds about whether to contact police.

**Cost of Calls:** Free

## SEXUAL HEALTH CLINIC (STI Clinic)

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**Phone:** 03 578 3044 or leave a message outside clinic hours

**Address:** 22 Queen Street, Community Health Hub

**Websites:** [www.familyplanning.org.nz](http://www.familyplanning.org.nz) - (including contraception info)  
[www.justthefacts.co.nz](http://www.justthefacts.co.nz) - (info on STI's & local services)

**Clinic Hours:** Thursday 2.00 pm - 6.00 pm

### Services offered:

- STI Screening
- STI/Infection screening & treatment
- Visits are free, but please ring to make an appointment.
- Free scripts for 60 condoms + \$5.00 charge at pharmacy

## SUPPORTING FAMILIES

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**Phone:** 03 577 5491  
**Address:** 68 Seymour Street  
**Email:** [support@sfmarlb.org.nz](mailto:support@sfmarlb.org.nz)  
**Website:** [www.facebook.com/SupportingFamiliesMarlborough](https://www.facebook.com/SupportingFamiliesMarlborough)  
**Opening Hours:** 9am-5pm Monday to Friday (outside hours by arrangement)

**Services offered:**

Our support workers support families/whanau with their loved one and assist the family to gain a better understanding of mental illness and addiction. We work through the effects on the family and address the stigma and discrimination that can occur. This support is given face-to-face, over the telephone, or by email and text where appropriate. SF also provides information on mental illnesses and addictions, medication or other Mental Health services available. We have Support Groups for Caregivers or for whanau affected by Addiction. SF's geographical area covers from the Rai Valley to the Clarence River.

**Cost of services:** Services are free

**Waiting list:** Nil

## TE HAUORA O NGĀTI RĀRUA

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**Phone:** 03 577 8404  
**Address:** 64 Seymour Street, Blenheim  
**Email:** [hauora@thonr.org](mailto:hauora@thonr.org)  
**Website:** [www.thonr.org](http://www.thonr.org)  
**Opening Hours:** 8:30am – 5pm Monday - Friday

**Services offered:** Health & Social Services

**Criteria for services:** Specific focus on Maori Wellbeing but open to community referrals

**Cost of services:** Free

## TE PIKI ORANGA - Māori Wellness Services

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**Phone:** 03 578 5750 – 0800 ORANGA  
**Address:** 22 Queen St, Blenheim 7201 | PO Box 994, Blenheim 7240  
Marlborough Community Health Hub, 22 Queen St, Blenheim  
with Marlborough Primary Health Organisation & the DHB Team.  
**Email:** [referrals.wairau@tpo.org.nz](mailto:referrals.wairau@tpo.org.nz)  
**Website:** [www.tpo.org.nz](http://www.tpo.org.nz)  
**Opening Hours:** Monday-Friday 9:00 to 5:00pm  
**Emergency:** 111

## TE PIKI ORANGA - Maori Health Services cont...

### **Referral criteria:**

Te Piki Oranga is a health organisation, any/all referrals must be linked to a health issue.

Referrals can be made online **[www.tpo.org.nz](http://www.tpo.org.nz)**, or can be made by any organisation or individual/whanau who has obtained consent from the whanau/client. Self-referrals are encouraged.

Please visit Te Piki Oranga at their office in Queen Street if you would like to talk to someone about a referral or contact Mary Johnsen (Clinical Nurse Lead) if you would like to talk about the referral process.

**See attached referral form – appendix 2&3**

### **Services offered:**

- **Whanau Ora** Registered Nurse lead support to help with personal health issues such as Diabetes, Heart Disease, Respiratory problems etc.
- **Alcohol and Drug Counselling** Experienced AOD Counsellors that supports individuals and at times whanau/family to manage/overcome AOD issues impacting their lifestyle.
- **Adult Mental Health Support Services** Adult Mental Health Support workers that work alongside Case Workers and other Clinicians from Witherlea House to support management of client care in the community.
- **Child & Adolescent Mental Health Service** Experienced Mental Health Clinician that supports Tamariki, Rangatahi and whanau/family to manage/overcome mental health related issues impacting their lifestyle
- **Tamariki Ora** Equivalent to Plunket Services where Pepi/Tamariki under 5 years of age and their primary caregiver are supported by a Tamariki Ora/Well Child trained registered nurse to ensure the growth and developmental milestones of Pepi/Tamariki are being met and that educational messages are being provided to support changes to improve health outcomes.

### **Cost of services:**

Services are free

### **Waiting list:**

Dependant on demand for service. New clients will be notified if they are to be placed on a waitlist and approximate wait time expected.

## THE SALVATION ARMY

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**Phone:** 03 578 0862  
**Address:** Cnr George and Henry Streets  
**Email:** [blenheim.corps@salvationarmy.org.nz](mailto:blenheim.corps@salvationarmy.org.nz)  
**Website:** [www.salvationarmy.org.nz/blenheim](http://www.salvationarmy.org.nz/blenheim)  
**Opening Hours:** Wednesday-Friday 9:30 to 12:30pm, other times by appointment

### Services offered:

- Client support - Social Worker & Case Worker.
- Positive Lifestyle Programme – eight one-on-one sessions covering Self-Awareness, Anger, Depression & Loneliness, Stress, Grief, Assertiveness, Self-Esteem and Future Directions.
- Second hand store on Redwood Street
- Alcohol and Drug support group information providers.

**Cost of services:** Services are free for clients.

## VICTIM SUPPORT

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**Phone:** 0800 842 846  
**Website:** [www.victimsupport.org.nz](http://www.victimsupport.org.nz)  
**Local Hub:** Blenheim Police Station, 8 Main Street, Blenheim  
or call 0800 842 846 outside office hours  
**Available:** 24 hours, 7 days a week

Victim Support offers a 24-hour support service for people affected by crime, accident or trauma.

### Services offered:

- Free, immediate support in a crisis
- Help to deal with Police, Courts, Coroner, and other authorities
- Information about and referral to other services available to you
- Support in trial/court
- Emergency grants/financial assistance
- Assistance with preparing a Victim Impact Statement
- Support at Family Group Conferences, restorative justice etc

### Intake process and criteria for services:

- Must be affected by crime, accident, suicide, or other trauma
- Self-referrals, family referrals and referrals from other agencies or Government departments including Police
- **We do not work directly with children under the age of 17yrs, but will work with the family as a whole with consent of parents/guardians**

**Cost of services:** Services are free



## NATIONAL SERVICES

### AA – ALCOHOLICS ANONYMOUS

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**Phone:** 0800 229 6757 – Local Contact  
**Email:** [nzgso@aa.org.nz](mailto:nzgso@aa.org.nz)  
**Website:** [www.aa.org.nz](http://www.aa.org.nz)

#### Marlborough Weekly meetings:

All meetings are held weekly and are assumed to be OPEN unless otherwise stated. CLOSED MEETINGS are for alcoholics only. To check for meeting updates, visit Marlborough's meetings list page on the website.

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<b>BLENHEIM</b> Monday 7.30pm	<b>Redwoodtown Plunket Rooms (Closed)</b> On Zoom
Saturday 8.00am	<b>Salvation Army Rooms</b> Henry St Street, Blenheim

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<b>SPRING CREEK</b> Friday 7.30pm	<b>Spring Creek Church Hall</b> 22A Ferry Road, Springcreek
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<b>RENWICK</b> Sunday 7.30pm	<b>Wairau Pioneer Presbyterian Church Hall</b> Havelock Street, Renwick Opposite Renwick school
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<b>PICTON</b> Wednesday 7.30pm	<b>Picton Rail &amp; Sea</b> 3B Auckland Street, Picton Behind I-Site on right on road to Ferries, Picton Foreshore. Open to visitors
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<b>HAVELOCK</b> Thursday 7.30pm	<b>Havelock Library</b> On Zoom
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If problem drinking, binge drinking, drinking blackouts or other alcohol problems are affecting your life and that of your friends and family, Alcoholics Anonymous may have the solution for you.

AA can help people of any age and background - youth drinking, teen drinking, drinking alone, drinking at home, solo drinking, elderly drinking are all factors that have brought people to AA, and we have members from 16 through to 96.

## ALAC – ALCOHOL DRUG HELPLINE

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**Phone:** 0800 787 797  
**Email:** [info@alcoholdrughelp.org.nz](mailto:info@alcoholdrughelp.org.nz)  
**Website/Free Chat:** [www.alcoholdrughelp.org.nz](http://www.alcoholdrughelp.org.nz) – Chat free with a Counsellor online  
**Free txt** 8681 and we will txt you back for a free, confidential conversation.  
**Māori Line** 0800 787 798 - [alcoholdrughelp.org.nz/maori-helpline](http://alcoholdrughelp.org.nz/maori-helpline)  
for advice and referral to kaupapa Māori services.  
**Pasifika Line** 0800 787 799 - [alcoholdrughelp.org.nz/pasifika-helpline](http://alcoholdrughelp.org.nz/pasifika-helpline)  
for advice and referral to services for Pacific peoples.  
**Youth Line** 0800 787 984 - [alcoholdrughelp.org.nz/youth-helpline](http://alcoholdrughelp.org.nz/youth-helpline)  
for advice and referral for services for Youth.

Alcohol Advisory Council of NZ: Our vision is for a New Zealand drinking culture that supports the moderate use of alcohol so that whānau and communities enjoy life, free from alcohol harms.

## IT'S NOT OK FAMILY VIOLENCE INFO LINE

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**Phone:** 0800 456 450  
**Emergency:** 111  
**Website:** [www.areyouok.org.nz](http://www.areyouok.org.nz)

The Family Violence Information Line provides self-help information and connects people to services where appropriate. It is available seven days a week, from 9am to 11pm, with an after-hours message redirecting callers in the case of an emergency.

## KIDSLINE

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**Phone:** 0800 KIDSLINE (0800 54 37 54) – (Free - 24/7)  
Call between 4pm and 9pm weekdays for a Kidsline Buddy, specially-trained year 12 and 13 students.  
Free from anywhere in NZ from a landline or mobile phone  
**Email:** [info@lifeline.org.nz](mailto:info@lifeline.org.nz)  
**Website:** [www.kidsline.org.nz](http://www.kidsline.org.nz)

- It can be really hard when you don't tell anyone you're feeling sad, lost, lonely or angry. Then it's just you and those bad feelings.
- If you want to talk about how you're feeling, call Kidsline! We're here to talk. We won't tell you what to do, we'll just listen, and help you figure out your options, or help you see things in a different way.
- Kidsline is different, because we're kids too.
- You can now speak to a Kidsline Buddy from 4pm-9pm weekdays! We're specially-trained year 12 and 13 students, so we know what it's like.

## LIFELINE

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**24 Hour** 0800 543 354 - **telephone counselling line**

**Text** HELP (4357)

**Lifeline no longer has a Marlborough office please use the National contact numbers.**

**National Office:** (09) 909 8750

**Email:** [info@lifeline.org.nz](mailto:info@lifeline.org.nz)

**Website:** [www.lifeline.org.nz](http://www.lifeline.org.nz)

Lifeline provides free, professional and confidential telephone counselling services.

We are always here 24 hours, 365 days a year - one phone call could help you make decisions that are life-changing.

## NARCOTICS ANONYMOUS

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**Phone:** 0800 natoday (0800 628 632)

**Email:** [sasc@nzna.org](mailto:sasc@nzna.org)

**Website:** [www.nzna.org](http://www.nzna.org)

Narcotics Anonymous (NA) is a global organisation of recovering addicts. NA members are men and women from all walks of life for whom drugs had become a major problem, who meet regularly to help each other stay clean, and recover from the effects of addiction in their lives.

**Local Meetings:** [www.nzna.org/meetings/meetings-in-nelson-blenheim-west-coast](http://www.nzna.org/meetings/meetings-in-nelson-blenheim-west-coast)

## PROBLEM GAMBLING FOUNDATION OF NZ

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**Phone:** 0800 664 262

**Asian Family Hotline:** 0800 862 342,

**Mapu Maia:** 0800 212 122 / 0800 664 262

**Email us:** **Urgent help:** [help@pgf.nz](mailto:help@pgf.nz)

**General enquiries:** [help@pgf.nz](mailto:help@pgf.nz)

Counselling is free of charge to the gambler, their family and others affected by problem gambling. Problem gambling affects the person gambling, their family, friends, employer and the wider community, and can be linked to family violence or relationship breakdowns.

## PROBLEM GAMBLING FOUNDATION OF NZ continued . . .

### **Services offered:**

- Counselling – Individuals experiencing problems with gambling, including those experiencing problems with the gambling of a significant other
- Can work with individuals, couples and families
- Provided by qualified and experienced health professionals

**Criteria for Services:** Self-referral - No age criteria

**Cost of services:** Free

**Waiting list:** Generally, no waiting list, but service delivery is dependent on the appointment availability of counsellors.

## WORK AND INCOME BLENHEIM

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**Phone:** 0800 559 009 Monday to Friday - 7am and 6pm  
Saturday - 8am and 1pm

**Address:** Riverview House, 3 Alfred St, Blenheim

**Website:** [www.workandincome.govt.nz](http://www.workandincome.govt.nz)

**Opening Hours:** Monday to Friday 8.30am – 5pm (9.30am – 5pm Wednesday's)  
Call the Contact Centre on to make an appointment or call in at the office.

### **Services offered:**

- Benefits & Pensions [www.workandincome.govt.nz/products/a-z-benefits/index.html](http://www.workandincome.govt.nz/products/a-z-benefits/index.html)
- Special Needs Grants
- Working for Families
- Child Care
- Work Services

### **Financial assistance available for children**

- Independent Youth Benefit
- Away from Home Allowance
- Youth Parent Payment
- Youth Payment
- School and Year Start-up Payment
- Orphans Benefit
  - also Clothing and/or Holiday & Birthday Allowance & Extraordinary Care Fund
- Unsupported Child's Benefit
  - also Clothing and/or Holiday & Birthday Allowance & Extraordinary Care Fund
- Child Disability Allowance
- Guaranteed Childcare Assistance Payment
- Child Care Subsidies or Flexible Childcare Assistance
- Early Learning Payment
- Oscar

## YOUTHLINE

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**Phone:** 0800 376 633  
**Free Text:** 234  
**Email:** [joannam@youthline.org.nz](mailto:joannam@youthline.org.nz)  
**Website:** [www.youthline.co.nz](http://www.youthline.co.nz)

### **Services:**

Youthline has developed a unique, community-based approach to the development and delivery of services, and we are the first point of entry for young people to access a wide range of youth development and support services.

Youthline is a regionally focused, nationally linked service operating from an integrated model of evidence-based practice within a community development, training and youth development, and clinical services framework.

## 0800 WHATS UP

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**Phone:** 0800 WHATS UP – 0800 942 8787  
**Phone Chat:** 11am -11pm, Monday to Sunday  
**Email:** [Lesley.Butler@barnardos.org.nz](mailto:Lesley.Butler@barnardos.org.nz)  
**Website:** [www.whatsup.co.nz](http://www.whatsup.co.nz)  
**Online Chat:** 11am – 10.30pm, Monday to Sunday

### **Services:** (Provided by Barnardos)

Free counselling service from any mobile phone, landline or phone box for kids and teens.

Chat online or on the phone.

Children and young people can also get tips on dealing with the most commonly called about issues through the 'most talked about' sections of the **kids** and **teens** sections of the website.



**Public Health Service**

**P O Box 647, Nelson**  
 Ph (03) 546 1537  
 Email: [phs.admin@nmdhb.govt.nz](mailto:phs.admin@nmdhb.govt.nz)

**Public Health Service  
Nelson/Wairau**

**P O Box 46, Blenheim**  
 Ph (03) 520 9914  
 Email: [phs.admin@nmdhb.govt.nz](mailto:phs.admin@nmdhb.govt.nz)

**CONFIDENTIAL REFERRAL TO A PUBLIC HEALTH NURSE**

		<b>NHI:</b>
<b>CLIENT DETAILS</b>		
Surname:		First Name:
Date of Birth:		Known As:
Address:		
Ethnicity: Maori / Pacific Island / Other		Gender: M: <input type="checkbox"/> F: <input type="checkbox"/>
ECC / School:		Teacher:
Year:		Room:
Family Doctor:		

<b>CAREGIVER DETAILS</b>	<b>CAREGIVER DETAILS</b>
Name:	Name:
Relationship:	Relationship:
Address:	Address:
Home Phone:	Home Phone:
Mobile: Phone:	Mobile: Phone:

<b>HEALTH OR SAFETY ISSUES</b>		
<b>PRIORITY:</b>		
Routine	Semi-Urgent	Urgent

<b>REFERRER DETAILS</b>	<b>CLIENT/CAREGIVER CONSENT</b>
Name:	Name:
Organisation:	Signature:
Address:	
Phone:	
<b>DATE:</b>	<b>DATE:</b>

**For Public Health Use Only:**

Date Referral Received:	Assigned To:	Date Assigned:																				
Referral Source:	<table border="1"> <tr> <td>CY</td><td>DE</td><td>EC</td><td>GP</td><td>ES</td><td>HO</td><td>OTH</td> </tr> <tr> <td>PC</td><td>PH</td><td>SC</td><td>SF</td><td>VH</td><td>WC</td><td></td> </tr> </table>	CY	DE	EC	GP	ES	HO	OTH	PC	PH	SC	SF	VH	WC								
CY	DE	EC	GP	ES	HO	OTH																
PC	PH	SC	SF	VH	WC																	
Referral Reason:	<table border="1"> <tr> <td>ALL</td><td>AIHP</td><td>BEH</td><td>CAB</td><td>DIHP</td><td>PIHP</td><td>EIHP</td><td>FV</td><td>HAS</td><td>HC</td> </tr> <tr> <td>IP</td><td>OTH</td><td>PAR</td><td>PHCM</td><td>PHH</td><td>PPP</td><td>SCH</td><td>SF</td><td>VH</td><td></td> </tr> </table>	ALL	AIHP	BEH	CAB	DIHP	PIHP	EIHP	FV	HAS	HC	IP	OTH	PAR	PHCM	PHH	PPP	SCH	SF	VH		
ALL	AIHP	BEH	CAB	DIHP	PIHP	EIHP	FV	HAS	HC													
IP	OTH	PAR	PHCM	PHH	PPP	SCH	SF	VH														
Discharge Date:	Code:	<table border="1"> <tr> <td>D</td><td>M</td><td>O</td><td>R</td><td>N</td><td>F</td><td>X</td> </tr> </table>	D	M	O	R	N	F	X													
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Waimea Office  
281 Queen Street  
Level 2  
Richmond 7020



PO Box 3108  
Richmond 7050  
[admin@tpo.org.nz](mailto:admin@tpo.org.nz)  
0800-ORANGA

### PEPA TUKU – REFERRAL FORM

<b>TANGATA WHAKAATURANGA (WHĀNAU MEMBER DETAILS)</b>		<b>NHI Number:</b>		<b>DATE:</b>	
Ingoa Tuatahi (First Name):		Ingoa Whānau (Last Name):			
Waahi Kāinga (Address):					
Waea Kāinga (Home Phone):		Waea Pūkoro (Mobile):			
Rā Whānau / Date of Birth:		<input type="checkbox"/> Tane / Male  <input type="checkbox"/> Wahine / Female		<b>Iwi/Nō Wai / Ethnicity:</b> <input type="checkbox"/> Māori      Iwi/Hapu: <input type="checkbox"/> Pacific Island <input type="checkbox"/> Asian <input type="checkbox"/> NZ European <input type="checkbox"/> Other	
Age and gender of any dependent children					
<b>TAKUTA WHAKAATURANGA (GP DETAILS):</b>					
Ingoa (Name of GP):		Nama Waea (Phone Number):			
<b>WHĀNAU TAUTOKO (ALTERNATIVE WHĀNAU CONTACT):</b>					
Ingoa Tuatahi (First Name):		Ingoa Whānau (Last Name):			
Waahi Kāinga (Address):					
Waea Kāinga (Home Phone):		Waea Pūkoro (Mobile):			
<b>TARI-TUKU WHAKAATURANGA (REFERRER DETAILS):</b>			<b>RĀ I TUKU (DATE OF REFERRAL):</b>		
Tari-tuku (Referring Agency):					
Tangata i tuku (Referrer Name):					
Kāinga Imeera (Email Address):					
Nama Waea (Phone Number):			Waea Pūkoro (Mobile):		
<b>KO TEHEA ROHE I HIAHIATIA AI?</b>		<input type="checkbox"/> WAIRAU (Blenheim)		<input type="checkbox"/> WHAKATŪ (Nelson)	
				<input type="checkbox"/> MOTUEKA	
Clinical Team Leaders Email Address:		<a href="mailto:Ripeka.Houkamau@tpo.org.nz">Ripeka.Houkamau@tpo.org.nz</a>		<a href="mailto:Michelle.Edwards@tpo.org.nz">Michelle.Edwards@tpo.org.nz</a>	
Fax Number		Fax: 03 578 5980		Fax: 03 548 4248	
				Fax: 03 528 1155	



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### PEPA TUKU – REFERRAL FORM

#### KO TEHEA TARI I HIAHIATIA AI (SERVICES REQUIRED):

<input type="checkbox"/> Ngā Pukenga Atawhai (Community Nurse)	<input type="checkbox"/> Whānau Kaimahi-a-Iwi (Social Worker)	<input type="checkbox"/> Ngā Pukenga Manāki (Navigators)
<input type="checkbox"/> Tamariki Ora (WellChild 0–5 Years)	<input type="checkbox"/> Ngā Pukenga Toitu Te Ora a Waipiro me Tarutaru kino (AOD Counsellors)	<input type="checkbox"/> Ngā Pukenga Hauora Hinengaro o nga Tamariki me Rangatahi (CAMHS)
<input type="checkbox"/> Outreach Immunisation (Wairau only)		

#### WHAKAAETANGA (WHANAU CONSENT):

Whānau aware of this referral? Y/N	Whānau given permission to be contacted? Y/N
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TUKUNGA-O-WAHO (EXTERNAL REFERRAL) - ☐ YES ☐ NO

#### PŪTAKE MŌ TE TUKU MAI (REASON FOR REFERRAL):

Concerns that have prompted this referral?  
(Please provide detailed information for the specific service you require as well as and including any 'Risk Factor' information that may be useful when working with your referral.)

#### KO ĒHEA ATU TARI E TAUTOKO NEI (OTHER AGENCIES/SERVICES CURRENTLY INVOLVED):

*Tēnā, whakamāramatia (Please Specify):*

#### FOR OFFICE USE ONLY

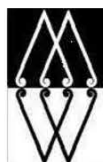
Referral: <input type="checkbox"/> Accepted <input type="checkbox"/> Declined	Referrer Informed? Y/N If Yes – Date:
---	---------------------------------------

First contact with whānau made? Y/N	If Yes – Date:
-------------------------------------	----------------

Nā te aha i kore ai ? (No, why not?)

Tukuna ki a wai? (Allocated to):	Te Rā (Date):
----------------------------------	---------------





M A A T A A W A K A K I T E T A U I H U T R U S T

## Referral Form

56 Main St, BLENHEIM 7201	PO Box 1016, BLENHEIM 7240
P: (03) 577 9256	E: admin@maataawaka.co.nz

<b>1. Request for Maataa Waka Services:</b> (please complete all sections and tick services required)	
<b>Referrer Name:</b>	<b>Agency:</b>
<b>Email:</b>	<b>Phone:</b>
<b>Whanau support Services</b> <input type="checkbox"/> Social Service (whanau with children u 16yrs) <input type="checkbox"/> Parenting Programme <input type="checkbox"/> Whanau Ora Navigator	<b>Stopping Violence Services:</b> <input type="checkbox"/> Family Centred Violence Intervention Support <input type="checkbox"/> Men's Stopping Violence Programme <input type="checkbox"/> Womens Programme <input type="checkbox"/> Family Violence Whanau Ora Navigator
<b>Youth Services</b> <input type="checkbox"/> Mana Taiohi (Youth Social service 12 – 16yr) <input type="checkbox"/> Tiramarama Mai (alternative education) <input type="checkbox"/> E Tipu e rea (Holiday Programme 12-16yrs)	<b>Building Financial Capability</b> <input type="checkbox"/> Financial Mentoring (Budgeting 1 x 1) <input type="checkbox"/> Money Mates Group Programme
Date of Referral:	Referral taken by:
Does the whanau know that they are being referred Yes <input type="checkbox"/> No <input type="checkbox"/>	
<b>Please note that we cannot accept a referral without the permission of the person being referred</b>	
<b>2. Client Details –</b>	
<b>Name:</b>	M/F
Date of Birth:	Phone:
Address:	Email:
Ethnicity:	Iwi: Hapu:
<b>3. Whanau Details- Parent / Caregiver / Spouse/ Next of Kin:</b>	
<b>Name/s:</b>	DOB:
<b>Name/s:</b>	DOB:
Address:	Phone: Email:
Relationship to client:	
Ethnicity:	Iwi: Hapu:
<b>4. Reasons for Referral: (Include relevant information and attach any relevant documents)</b>	
<b>5. Other Agencies Involved:</b>	





M A A T A A W A K A K I T E T A U I H U T R U S T

**Referral Form**

56 Main St, BLENHEIM 7201	PO Box 1016, BLENHEIM 7240
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**Any further information**











